

ESTTA Tracking number: **ESTTA270713**

Filing date: **03/06/2009**

IN THE UNITED STATES PATENT AND TRADEMARK OFFICE
BEFORE THE TRADEMARK TRIAL AND APPEAL BOARD

Notice of Opposition

Notice is hereby given that the following party opposes registration of the indicated application.

Opposer Information

| | |
|---------------------------------------|--|
| Name | Natural Couture, Inc. |
| Granted to Date of previous extension | 04/05/2009 |
| Address | 4055 West Sunset Las Vegas, NV 89118 UNITED STATES |
| Attorney information | Thomas J. Speiss Venable LLP 2049 Century Park East, Suite 2100 Los Angeles, CA 90067 UNITED STATES jwhiting@venable.com, ipdocketingla@venable.com |

Applicant Information

| | | | |
|------------------------|--|------------------------|------------|
| Application No | 77464760 | Publication date | 10/07/2008 |
| Opposition Filing Date | 03/06/2009 | Opposition Period Ends | 04/05/2009 |
| Applicant | Xtreme Couture, Inc 2701 Signal Parkway Signal Hill, CA 90755 UNITED STATES | | |

Goods/Services Affected by Opposition

| |
|---|
| Class 025. All goods and services in the class are opposed, namely: Vests; Sweat bands; Wrist bands; Sports bra; Headbands; Rash guards; Denim jackets; Denims; Athletic footwear; Footwear; Moisture-wicking sports pants; Moisture-wicking sports shirts; Underarm clothing shields; Socks |
|---|

Grounds for Opposition

| | |
|--------------------------------------|----------------------------|
| Priority and likelihood of confusion | Trademark Act section 2(d) |
|--------------------------------------|----------------------------|


Marks Cited by Opposer as Basis for Opposition

| | | | |
|-----------------------|----------------|-----------------------|------------|
| U.S. Registration No. | 3485724 | Application Date | 03/16/2007 |
| Registration Date | 08/12/2008 | Foreign Priority Date | NONE |
| Word Mark | XTREME COUTURE | | |

| | |
|---------------------|---|
| Design Mark | XTREME COUTURE |
| Description of Mark | NONE |
| Goods/Services | Class 041. First use: First Use: 2007/02/00 First Use In Commerce: 2007/02/00 Operation of training centers in the fields of fitness, exercise, and mixed martial arts; providing classes, workshops, and seminars in the fields of fitness, exercise, and mixed martial arts; providing a website featuring information in the fields of fitness, exercise, and mixed martial arts training |

| | | | |
|----------------------|--|-----------------------|------------|
| U.S. Application No. | 77133509 | Application Date | 03/16/2007 |
| Registration Date | NONE | Foreign Priority Date | NONE |
| Word Mark | XTREME COUTURE | | |
| Design Mark | XTREME COUTURE | | |
| Description of Mark | NONE | | |
| Goods/Services | Class 016. First use: First Use: 2007/03/16 First Use In Commerce: 2007/05/10 Posters, stickers, pens | | |

| | | | |
|----------------------|----------------|-----------------------|------------|
| U.S. Application No. | 77976430 | Application Date | 03/16/2007 |
| Registration Date | NONE | Foreign Priority Date | NONE |
| Word Mark | XTREME COUTURE | | |

| | |
|---------------------|---|
| Design Mark |  |
| Description of Mark | NONE |
| Goods/Services | Class 018. First use: First Use: 2007/03/16 First Use In Commerce: 2008/05/27 Gym bags |

| | |
|-------------|--|
| Attachments | 77133523#TMSN.jpeg (1 page)(bytes) 77133509#TMSN.jpeg (1 page)(bytes) 77976430#TMSN.jpeg (1 page)(bytes) LA1DOCS1-#231706-v1-Notice_of_Opp_re__Xtreme_Couture_TM_77133523.pdf (3 pages)(31580 bytes) RANDY_COUTURE evidence for opposition.pdf (24 pages)(7505301 bytes) |
|-------------|--|

Certificate of Service

The undersigned hereby certifies that a copy of this paper has been served upon all parties, at their address record by First Class Mail on this date.

| | |
|-----------|--------------------|
| Signature | /thomas j. speiss/ |
| Name | Thomas J. Speiss |
| Date | 03/06/2009 |

STATEMENT OF CLAIM

In the matter of the application for registration of the trademark XTREME COUTURE filed by Xtreme Couture, Inc. (“Applicant”), as shown in Application Serial No. 77/464760 published for opposition in the *Official Gazette* of October 7, 2008.

Natural Couture, Inc. (“Opposer”), a Nevada corporation with its address at 3955 West Sunset, Las Vegas, Nevada 89118, believes that it will be damaged by registration of the mark shown in said Application Serial No. 77/464760 and hereby opposes the same:

As grounds for opposition it is alleged that:

1. Opposer is the owner of U.S. Trademark Registration No. 3,485,724, for the mark XTREME COUTURE covering Operation of training centers in the fields of fitness, exercise, and mixed martial arts; providing classes, workshops, and seminars in the fields of fitness, exercise, and mixed martial arts; providing a website featuring information in the fields of fitness, exercise, and mixed martial arts training in Class 41, which it has been using in commerce in connection with these services since at least February of 2007.
2. Opposer is the owner of U.S. Trademark Application Serial No. 77/133509 filed March 16, 2007 for the mark XTREME COUTURE covering posters, stickers, pens in Class 16, which it has been using in connection with these goods since at least May 10, 2008.
3. Opposer is the owner of U.S. Trademark Application Serial No. 77/976430 filed March 16, 2007 for the mark XTREME COUTURE covering gym bags in Class 28, which it has been using in commerce in connection with these services since at least May 27, 2008.

4. Applicant did not use the mark XTREME COUTURE in the United States prior to June 15, 2007.
5. The goods for which Applicant seeks to register the mark XTREME COUTURE are related to the goods in connection with which Opposer has used its mark XTREME COUTURE in the U.S. Opposer is owned and operated by Randy Couture, world renowned ultimate fighting champion. *See* attached Google, Wikipedia and other Internet website page printouts regarding Randy Couture. Based on the fame of Randy Couture, consumers have come to identify both Randy Couture and Opposer as the source of Opposer's goods and services.
6. The trademark XTREME COUTURE sought to be registered by the Applicant is identical to Opposer's trademark XTREME COUTURE.
7. Consumers are likely to be confused and to mistakenly believe that Applicant's products offered under its XTREME COUTURE mark either emanate from or are licensed by, sponsored by, or associated with Opposer.
8. If the Applicant were permitted to use and register its mark for its goods as specified in its application, confusion among consumers resulting in damage and injury to Opposer would be caused by virtue of the fact that Applicant's mark and Opposer's trademark are identical, and the related nature of the goods covered by those marks, particularly due to the fame and consumer recognition of Randy Couture. Any defect, objection or fault found with Applicant's goods would reflect upon, seriously injure, and dilute the reputation and value that Opposer has established under its trademark.

WHEREFORE, Opposer prays that Application Serial No. 77/464760 be rejected, that no registration be issued thereon to Applicant, and that this opposition be sustained in favor of the Opposer.

Opposer appoints Thomas J. Speiss and Jennifer V. Whiting, along with the law firm of Venable LLP, 2049 Century Park East, Suite 2100, Los Angeles, CA 90067 to transact all business on its behalf in connection with this Opposition.

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randy couture

Search

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Customized based on recent search activity. [More detail](#)[Web](#) [Video](#)Results 1 - 10 of about 1,040,000 for **randy couture**. (0.09 seconds)**Randy Couture Clothing**

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www.brownsfashion.com Browse the lowest prices on **randy couture** clothing.

New Affliction Collection

www.soliscompany.com Largest Selection of Affliction, Sinful & Remetee. Free S&H.

Official Randy "The Natural" Couture Website

www.randycouture.tv/ - 3k - [Cached](#) - [Similar pages](#)

Randy Couture - Wikipedia, the free encyclopedia

Randy Duane Couture (born June 22, 1963), also known as "The Natural" and "Captain America," is an American actor and mixed martial artist, Greco-Roman ...
en.wikipedia.org/wiki/Randy_Couture - 135k - [Cached](#) - [Similar pages](#)

Fight Finder - Randy "The Natural" Couture's Mixed Martial Arts ...

Name, **Randy Couture**. Nick Name, The Natural. Record, 16 - 9 - 0 (Win - Loss - Draw). Wins, 7 (T)KOs (43.75 %) 2 Submissions (12.5 %) ...
www.sherdog.com/fighter/Randy-Couture-166 - 67k - [Cached](#) - [Similar pages](#)

Video results for randy couture

Randy Couture
 2 min 51 sec
www.youtube.com



Randy Couture training
 4 min 16 sec
video.google.com

UFC® : Ultimate Fighting Championship®

Randy was in the US Army for 6 years where wrestled and did a little boxing. ... LINK HAND HELD RADIOS AT UFC 91: **COUTURE** vs. LESNAR · The Blueprint: **Randy** ...
www.ufc.com/index.cfm?fa=fighter.Detail&pid=1 - 67k - [Cached](#) - [Similar pages](#)

RANDY COUTURE vs. BROCK LESNAR - TONIGHT

3 min 12 sec - Nov 13, 2008 - ★★★★★
 UFC 91: **Couture** vs. Lesnar is TONIGHT. Its the biggest fight in UFC history! 3-time UFC heavyweight Champ, **Randy Couture** returns to the ...
www.youtube.com/watch?v=qNB-9ssVjQc

Xtreme Couture - MMA

Randy Couture and company will be back in action June 19,20 and the 21st. ... Take a few minutes and watch Pro MMA Practice with **Randy Couture**, ...
www.xtremecouture.tv/ - 43k - [Cached](#) - [Similar pages](#)

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Affliction brand clothing

Shop for the latest styles
 Free shipping all over the world
www.rock-rebel.com

[Google](#) [Checkout](#)
Randy Couture Shirts

Great Selection of **Randy couture** shirts
 Qualified orders over \$25 ship free
Amazon.com

Randy Couture Shirts

Find Products at Great Prices
 Shop, Compare and Save at Pronto!
Shop.Pronto.Com

Randy Couture Clothing

Randy Couture MMA Clothing
 In Stock - Ready to Ship - Act Now!
www.MMAOverload.com

Randy Couture Clothes

Dress Down for the Weekend.
 Deals on **Randy Couture** Clothes.
Shopzilla.com/JuicyCouture

Fear No Man

Discover What The Martial Artists
 And The Army Don't Want You To Know
www.CloseCombatTraining.com

MMA Stop - Randy Couture

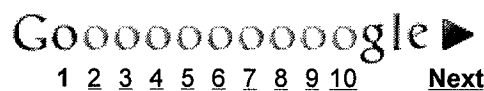
Get **Randy Couture** Gear Here.
 Where you can Shop by Fighter!
www.MMAstop.com/Couture

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Randy Couture on Pros vs Joes 1/24/2007 ... Randy Couture Pros joes.
www.dailymotion.com/video/x12b89_randy-couture-pros-vs-joes_sport

tim sylvia



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Randy Couture

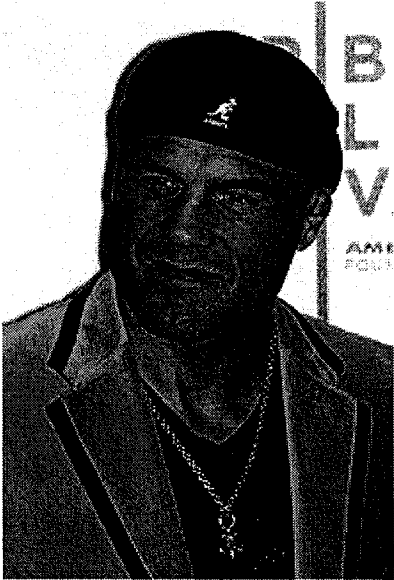
From Wikipedia, the free encyclopedia
See also: Randy Couture vs. Chuck Liddell

Randy Duane Couture (born June 22, 1963), also known as "The Natural" and "Captain America," is an American actor and mixed martial artist, Greco-Roman wrestler, and former collegiate wrestler, and the former heavyweight champion of the Ultimate Fighting Championship. His family name is of French Canadian origin. Couture is one of only two UFC fighters to have held a championship title in two different divisions (heavyweight and light heavyweight) while in the Ultimate Fighting Championship (the other fighter being BJ Penn), as well as the only five-time champion in UFC history. Couture is a member of the UFC Hall of Fame, and many consider him to be the most popular fighter in MMA history^[2] . Along with Chuck Liddell and Tito Ortiz, Couture is widely credited for bringing mixed martial arts into the mainstream of American pop culture and sports.

Couture has been an Olympic wrestler alternate, and lived in Corvallis, Oregon throughout much of his career where he served as an assistant wrestling coach and a strength and conditioning coach for Oregon State University.^[3] He established Team Quest with Matt Lindland and Dan Henderson, a training camp for fighters, based out of Gresham, Oregon and headed by coach Robert Folis. In 2005 Couture moved to Las Vegas where he opened his own chain of gyms under the name Xtreme Couture, with additional locations in Vancouver, Washington, Wellington, Florida, Lombard, Illinois, and most recently Independence, Missouri, and Toronto, Ontario. He currently trains at his Las Vegas-based gym. Couture also partnered with Bas Rutten in the opening of Legends Gym, located in Hollywood, California.

Couture is generally recognized as a clinch and ground-and-pound fighter who uses his wrestling ability to execute take downs, establish top position, and successively strike the opponent on the bottom. Couture has also displayed a variety of skills in boxing, Muay Thai and Brazilian Jiu-Jitsu, submitting two opponents using different chokeholds. Couture is also the only athlete in UFC history to win a

Randy Couture



| Statistics | |
|------------------|---|
| Nickname | The Natural, Captain America |
| Height | 6 ft 1 in (1.85 m) |
| Weight | 220 lb (100 kg; 16 st) |
| Reach | 75 in (190 cm) ^[1] |
| Nationality | American |
| Born | June 22, 1963 |
| Fighting out of | Las Vegas, Nevada |
| Town of birth | Everett, Washington |
| Team/Association | Xtreme Couture |
| Fighting style | Greco-Roman Wrestling, Submission Wrestling |

| Mixed martial arts record | |
|---------------------------|----|
| Wins | 16 |
| By knockout | 7 |
| By submission | 2 |
| Losses | 9 |
| Draws | 0 |

championship after becoming a Hall of Fame member and is the oldest title holder ever (in the UFC and MMA in general).

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Wrestling years

Couture graduated from Lynnwood High School in Lynnwood, Washington where he won a State Championship during his senior year. Couture served in the U.S. Army from 1982–1988. Upon discharge, he was a three-time Olympic team alternate (1988, 1992 and 1996); a semifinalist at the 2000 Olympic Trials; a three-time National Collegiate Athletic Association (NCAA) Division-I All-American and a two-time NCAA Division-I runner-up at Oklahoma State University.^[4] In 1992 he was the Division-I runner up at 190 pounds coming in second after Mark Kerr.^[5]

UFC career

Heavyweight titles

Couture first appeared in the UFC on May 30, 1997 as part of *UFC 13: The Ultimate Force*. The event consisted of two four-man tournaments: one in the light heavyweight (under 200 lb) division and one in the heavyweight (200 lb and over) division. Couture fought in the heavyweight tournament, and won it, defeating Tony Halme and Steven Graham in the process.^[6] His next match was an elimination bout for the heavyweight title against the young Brazilian "Phenom", Vitor Belfort, who at the time was on a four fight winning streak. Couture scored a TKO victory in what UFC announcer Bruce Beck described as "a stunning upset."^[7]

Couture won his first heavyweight title via decision in a 1997 match against kickboxer Maurice Smith. Couture didn't keep the belt for long, shortly after he was stripped of the title when he could not come to contractual terms with the UFC and its parent company at the time, Semaphore Entertainment Group. After leaving the UFC, Couture fought in Vale Tudo Japan 1998 where he was submitted via armbar by Enson Inoue. He later competed in the RINGS King of Kings 2000 tournament.

In 2000, Couture returned to the UFC to recapture the heavyweight title from Kevin Randleman at *UFC*

28 on November 17 of that year. Throughout 2001, Couture defended his heavyweight title twice, both times against the Brazilian heavyweight contender Pedro Rizzo. After defeating Rizzo he went on to lose the UFC heavyweight title in a fight with Josh Barnett via TKO in the 2nd round at UFC 36 in 2002. After the fight, Barnett tested positive for anabolic steroids^[8] and was subsequently stripped of his title. With the heavyweight title vacant, Couture fought Ricco Rodriguez, at UFC 39, for the title. Couture initially controlled the fight and was arguably on his way to a decision win, but eventually suffered a TKO loss in the 5th round.

Light heavyweight title and trilogy with Liddell

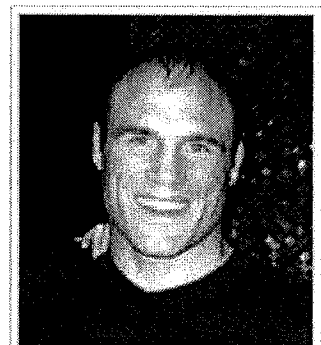
After his two consecutive losses in the heavyweight division to larger opponents, Couture moved down a weight class to fight at 205 lbs in the UFC's light heavyweight division. In his light heavyweight debut, Couture took on long-time number one contender Chuck Liddell for the interim light heavyweight championship.^[9] Couture won by TKO in the third round, and became the only UFC competitor to win championship titles in two weight classes, a feat since matched in 2008 by B. J. Penn; this earned Couture his nickname "Captain America".^[10] His next match was billed as a "Champion vs. Champion" fight in order to settle who was the rightful, undisputed champion of the division. Couture faced the five-time defending champion Tito Ortiz for the undisputed light heavyweight title. Couture won a unanimous decision and became the undisputed UFC light heavyweight champion at age 40.

On April 16, 2005, Couture lost his title and suffered the first knockout loss of his career in a rematch with Chuck Liddell. Couture came back in August with a win over Mike Van Arsdale to re-establish himself as a top contender. He faced Liddell again for the third and final time in a championship match on February 4, 2006 at *UFC 57*. He did not succeed, falling victim to a second round knockout. Immediately after the match, he announced his retirement from the sport.

On June 24, 2006, during *The Ultimate Fighter 3* finale, which was broadcast live on Spike TV, Couture became the fourth fighter to be inducted into the UFC Hall of Fame, joining Royce Gracie, Dan Severn, and Ken Shamrock.^[11]

Retirement

After retiring from the professional fighting circuit, Couture began embarking on a variety of activities, including appearing at UFC events as a regular broadcast commentator and as co-host of "Before/After The Bell" on The Fight Network. He also appeared in the Rob Schneider comedy *Big Stan*, along with fellow mixed martial artists Don Frye and Bob Sapp.^[12]



Couture in 2005.

On November 17, 2006, Couture decided to compete athletically again, facing Brazilian Jiu-Jitsu champion Ronaldo "Jacare" Souza in a submission wrestling match. The bout ended in a draw.^[13]

Couture was featured on season two of Spike TV's reality show "Pros vs. Joes", which premiered on January 25, 2007. His teammates on the episode were Michael Irvin, Kevin Willis, and José Canseco. He returned for the finale, where he even took part in a football based round. His teammates were Willis, Randall Cunningham, Bruce Smith, Roy Jones Jr., and Tim Hardaway. Couture also had a brief cameo appearance on the season finale of the CBS show *The Unit* as a military guard and on the film *Redbelt* as a fight commentator. Couture also appeared on an episode of The History Channel's "Human Weapon" on September 27, 2007, and starred in the 2008 film, *The Scorpion King 2: Rise of a Warrior*.^[14]

Reclaiming the heavyweight title

On January 11, 2007, Couture appeared for an interview on the Spike TV magazine show, *Inside the UFC* to announce his return from retirement.^[15] In a conversation with Joe Rogan, Couture confirmed that he would be facing Tim Sylvia for the UFC heavyweight championship at *UFC 68* on March 3, 2007 and revealed that he had signed a four-fight, two-year deal with the company.



At the age of 43, Couture defeated then-champion Tim Sylvia at *UFC 68* by unanimous decision to claim his third UFC heavyweight title.

Couture's first punch, at :08 of the first round, sent the 6'8" (2.03m)

Sylvia reeling to the mat.^[16] Couture controlled the pace of the fight for five rounds, smothering Sylvia with effective striking and

numerous takedowns. All three judges' scored the bout 50-45 for Couture,^[17] making him the first fighter in UFC history to become a three-time champion.

On August 25, 2007, at *UFC 74* at the Mandalay Bay Events Center in Las Vegas, Nevada, Couture defended his title against Gabriel Gonzaga, who previously defeated Mirko "Cro Cop" Filipović at *UFC 70* to become the number one contender.^[18] In the fight, Couture defeated Gonzaga by TKO (strikes) to retain the title. Couture suffered a broken left arm from blocking one of Gonzaga's kicks during the course of the fight.^[19] The kick cleanly separated the ulna bone. The injury placed the UFC heavyweight champion's arm in a splint for six weeks. This would be the least of Couture's worries as shortly after the fight he would be embroiled in a legal battle with the UFC.

Resignation from the UFC

On October 11, 2007, Couture announced that he was severing all ties with the UFC, leaving two contracted fights, a position as an on-air analyst, and his heavyweight championship behind. Reportedly he received \$250,000 plus \$936,000 of PPV revenue for his comeback against Tim Sylvia. He also reportedly received a \$250,000 purse for defeating Gabriel Gonzaga, as well as a \$35,000 bonus for "Fight of the Night" and \$787,000 in PPV revenue.^[20] This became a sticking point since Chuck Liddell lost his two previous fights yet is still being paid a higher amount, according to Couture. Couture cited the UFC's failure to sign #1 ranked heavyweight fighter Fedor Emelianenko, as well as disputes with UFC management.^{[21][22]}

UFC president Dana White said Thursday Oct. 18, 2007 that Couture remains the promotion's heavyweight champion despite his announced plans to quit. White also reiterated he will not release Couture from the final two fights on his UFC contract.^[23] Couture held a press conference on October 25, 2007 in which he denied his leaving of the UFC was a "retirement", set forth his grievances over the pay he received for his fights against Tim Sylvia and Gabriel Gonzaga, and reiterated his belief that he would be free from any contractual obligations to the UFC after nine months.^[24] On October 30, 2007, UFC president Dana White and co-owner Lorenzo Fertitta held another press conference. There White reiterated the UFC's position that Couture remains the promotion's heavyweight champion despite his tendered resignation, and that Couture would remain obligated under his UFC contract well beyond nine months.^[25] White also released documents at the press conference to refute Couture's claims about the pay he received.^[26] Sherdog.com analyzed language reportedly found in the UFC's standard contracts relating to fighter retirement which Sherdog believes clarifies the dispute over Couture's contractual status.^[27]

In another chapter to the Couture/UFC saga, Dana White and Randy Couture met and had a "good" conversation at UFC 78. White also met with Couture during the Thanksgiving holiday to discuss a possible return to the octagon. Couture said he had no desire to return to the UFC at that time.

Cornering some of his fighters from Xtreme Couture at HDNet Fights on December 15, 2007 in Dallas, Texas. Randy Couture answered questions about Fedor stating that he would like to fight him in October once his employment contract with the UFC has expired, if the UFC cannot come to some kind of co-promotion agreement with M-1 global before that time.^[28]

On January 15, 2008 Zuffa filed a lawsuit in Clark County District Court in Nevada citing breach of contract and irreparable damage.^[29] Zuffa is seeking over \$10,000 in damages. This suit concerns only Couture's employment contract and not his promotional contract. On February 28, 2008 Judge Jennifer Togliatti handed down the first ruling in the case of Zuffa v. Randy Couture issuing a preliminary injunction barring Couture's participation in an IFL event to be held the following day.

On August 2, 2008 a Texas appeals court granted Zuffa LLC's (the UFC's parent company) request for a stay against a motion for a declaratory judgment in a suit filed by HDNet regarding Randy Couture's contractual status with the UFC. The stay effectively ends the dispute in the state of Texas and Zuffa will be allowed to move forward with the Nevada suit.^{[30][31]}

Return to the UFC


On September 2, 2008 the UFC announced a 3 fight deal with the now 45 year old Randy Couture to return to active competition for the UFC. His first fight back was at UFC 91 on November 15, 2008 in Las Vegas, Nevada where he lost his UFC Heavyweight Championship to Brock Lesnar.^[32] It was at first a closely contested match, however, later in the fight Lesnar knocked Couture down and finished him with hammerfists for a TKO victory at 3:07 of the second round.^[33] In the post fight interview with Joe Rogan, Couture declared his desire to keep fighting. He stated that he felt like he was still becoming a better fighter and blamed his loss on a bad performance, not his age.

Couture has said he still wants to fight WAMMA heavyweight champion Fedor Emelianenko, but the UFC has been unable to reach an agreement with Fedor. Emelianenko's current contract with Affliction Entertainment is exclusive only in the U.S.^[34]

On February 26, 2009 it was reported that Couture has agreed to a bout with former UFC interim heavyweight champion Antonio Rodrigo Nogueira at UFC 101.^[35]


Filmography

- *Big Stan* as Carnahan.^[36]
- *Redbelt* as Dylan Flynn.^[37]
- *Invincible* as 'Toruci' Player #1^[38]
- *The Scorpion King 2: Rise of a Warrior* as Sargon.^[14] (Couture's voice was deemed unacceptable by the producers due to lack of "vocal gravitas" and was digitally modified for the entire movie)
- *Cradle 2 the Grave* as Fighter #8.^[39]
- *Today You Die* as Vincent's Bodyguard. ^[40]
- *Command & Conquer: Red Alert 3* video game as Commander Warren Fuller.^[41]
- *The King of Queens* episode "Fight Schlub" as Priority Plus Driver
- Two episodes of *The Unit* as Sgt. Strickland^{[42][43]}




COUTURE

1 Day Seminar



Randy Couture


- MEMBERSHIP FEES
- INSTRUCTORS
- SERVICE / AMENITIES
- CLASS SCHEDULES
- EVENTS
- VIDEO CENTRE
- XTREME BLOG
- XTREME FORUM
- SHOP - MMA STORE
- SPONSORSHIP
- CONTACTUS
- OPEN A LOCATION
- FIND A GYM
- LINKS
- HOME



OPEN TO THE PUBLIC

- * 12,000 Sq. Ft
- * OCTAGON & BOXING RING
- * HUGE MAT AND BAG AREA
- * WEIGHTS AND CARDIO AREA
- * MMA PRO SHOP
- * SHOWERS

UPCOMING EVENTS & SEMINARS



RANDY COUTURE - MMA SEMINAR - MARCH 21st


Where: Xtreme Couture MMA - Las Vegas, NV

Cost: \$175 for Xtreme Couture Members - \$200 General Public

Time: 11am - 2pm

Format: Randy will demonstrate techniques as they apply to MMA, mental skills, nutrition and will have 30 minutes of Q&A followed by autograph signing.

>> Registration <<




XTREME COUTURE - JUNE TRAINING CAMP

Randy Couture and company will be back in action June 19-20 and the 21st.

Check our events page for more details


XTREME NEWS



SHAWN TOMPKINS ON THE ROAD

Join Shawn Tompkins and other MMA trainers from other top camp's around the country. Make your plans now for March 13-15 in Dana Point, California.


More Info



WATCH JAY HIERON'S CONDITIONING TRAINING

Jake Bonacci puts Jay through an intense workout this week in prep for Jay's upcoming fight on the 24th.


View Now



RAY SEFO DEFEATS HONG MAN CHOI

Ray Sefo brought home a win over the "Tachimo Goliath" over the weekend at the K-1 World Grand Prix in Japan. Click on the link below to watch all 3 rounds of this exciting fight.


View Now



XTREME COUTURE LIFESTYLE SITE LAUNCHED

The Xtreme Couture Lifestyle site main focus is to provide progressive (video based) strength and conditioning training for athletes and non athletes around the world. These custom workouts have been created and developed by Jake Bonacci our strength and conditioning coach.


View Now



XTREME COUTURE - BLOOD DOC


XC Members and Non Members alike now have access to the services of our Blood Doc - Dr. John Fitzgerald. Get your advanced blood work or Pre-fight screenings done by the best in the business - services available nationwide.

View Now




XTREME COUTURE Video Centre

Head over to the Video Center to check out all the latest videos, interviews and highlights including great training vids with fighters Randy Couture, Tyson Griffin, Jay Hieron, Martin Kampmann and many more!




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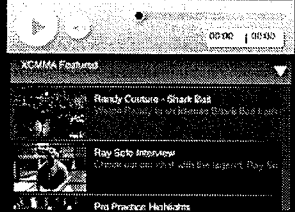
Xtreme Couture MMA Official



Training
By Randy
Couture



Randy Couture - Shark Bait
Watch Randy's 1st professional fight on YouTube

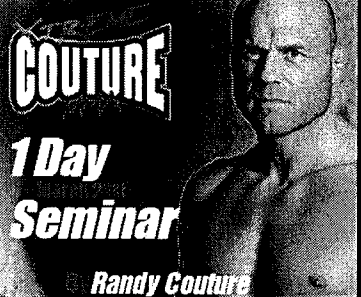


XCMMA Featured

Randy Couture - Shark Bait
Watch Randy's 1st professional fight on YouTube

Ray Sefo Interview
Watch our interview with the legend Ray Sefo


Pro Practice Highlights



COUTURE

1 Day Seminar

Randy Couture



Xtreme Couture

mma

Overall Record: 116 - 37
2043 Record: 11 - 4

RELEASE
YOUR



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RANDY COUTURE PRO PRACTICE HIGHLIGHTS
The Natural has returned from his book tour and is back in the gym! XC Fighters Gina Carano, Martin Kampmann, Jay Hieron, Tyson Griffin, and Gray Maynard to name a few are in attendance for Randy's class.

View Now



View Now

XTREME COUTURE Video Centre
Take a few minutes and watch Pro MMA Practice with Randy Couture, Wanderlei Silva, Mike Pyle, Martin Kampmann and More. With your membership to the Video Centre you'll get to watch 2 hours of live FULL SCREEN training a day. Plus More!

View Now



XTREME COUTURE WRESTLING CHARTER CLUB
The Xtreme Couture Wrestling Charter Club is aimed at taking serious Junior High and High School athletes and building a new breed of wrestler. Wrestlers will have a year-round place to train and receive mentorship from Randy Couture, NCAA National Champion Gray Maynard. All Xtreme Couture Wrestling Club members will receive their USA Wrestling membership card. Click here for more information.

MMA FIGHT CALENDAR

Professional
MMA Fights

 **JOHNNY HENDRICKS (4 -0) vs. Alex Serdyukov (12-4)**
WEC Brown vs Garcia - March 1st - TX

 **GRAY MAYNARD (7-0) vs. Jim Miller (13-1)**
UFC 96 - March 7th - Columbus, Ohio

 **ELENA RIED (23-3) vs. Susi Kentikia (20-1)**
March 20th - WBA and WIBF Title Fight - Hamburg, Germany

 **MARTIN KAMPMANN (14-2) vs. Carlos Condit (23-4)**
UFC Fight Night - April 1st - Sommet Center, TN

 **TYSON GRIFFIN (12-2) vs. Rafael dos Anjos (11-3)**
UFC Fight Night - April 1st - Sommet Center, TN

 **JUNIE BROWNING (3-1) vs. Cole Miller (14-3)**
UFC Fight Night - April 1st - Sommet Center, TN

 **SAM STOUT (14-5) vs. Matt Wiman (10-4)**
UFC 97 - April 18th - Centre Bell, Canada

 **ELENA RIED (23-3) vs. Michelle Waterson**
Beatdown - April 11th - Globe, AZ

Amateur
MMA Fights

CHECK OUT THE LATEST GYM IMAGES



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Sign up for the latest Xtreme Couture e-news letter and be notified of all upcoming events and seminars at our gyms.

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NEW ITEMS



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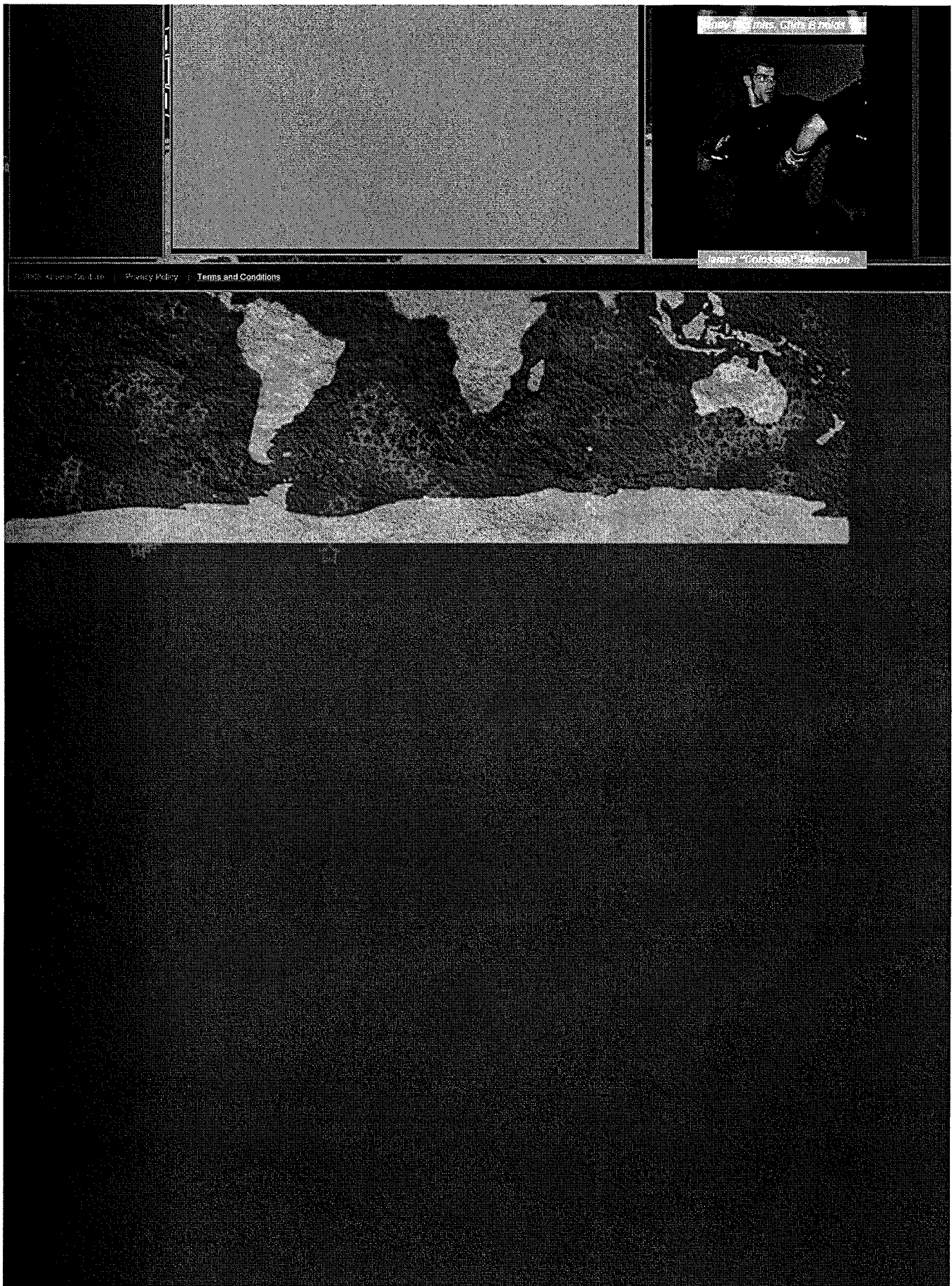
Xtreme Couture Fleur Wing w/Foil
\$35.00 Buy - Now





Xtreme Couture Rash Guard
\$40.00 Buy - Now

IN THE GYM























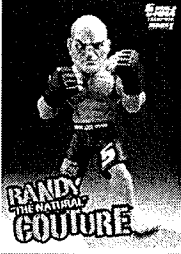







1 Day Seminar

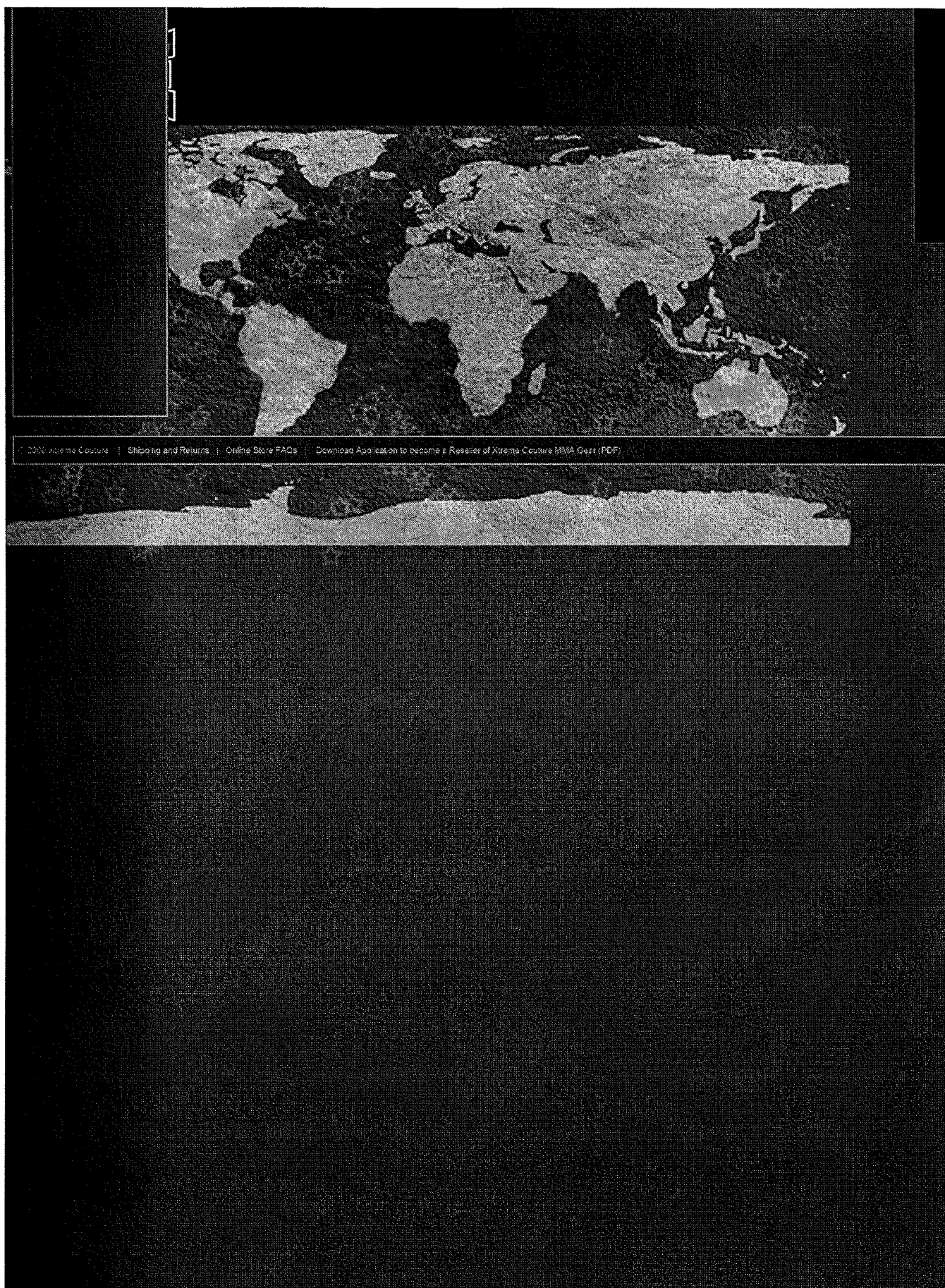
MARCH 29th



Randy Couture

- XTREME COUTURE TEES ★
- GYM TEES / FIGHTER TEES ★
- MMA TEES ★
- WOMENS TEES ★
- RASH GUARDS ★
- TANK TOPS ★
- LONG SLEEVE / HOODS ★
- HEAD GEAR ★
- FIGHT SHORTS ★
- GYM EQUIPMENT ★
- COUTURE NUTRITION ★
- STICKERS ★
- MEMORABILIA ★
- CLEARANCE - SAVE!!! ★
- HOME ★
- SHOPPING CART ★

| | | | |
|---|--|--|--|
| <p style="text-align: center;">"NEW" Xtreme Couture MMA</p>  <p style="text-align: center;">Flour Wings w/ Black Felt Adult Sizes</p> <p style="text-align: center;">Price: \$35.00 * Product Details - Buy It *</p> | <p style="text-align: center;">Xtreme Couture</p>  <p style="text-align: center;">XC - Jeweled Skull - Polo Adult Sizes</p> <p style="text-align: center;">Price: \$52.00 * Product Details - Buy It *</p> | <p style="text-align: center;">Xtreme Couture</p>  <p style="text-align: center;">XC - Offering - White Adult Sizes</p> <p style="text-align: center;">Price: \$39.00 * Product Details - Buy It *</p> | <p style="text-align: center;">Exfaze Seven +</p>  <p style="text-align: center;">Price: \$40.00 * Product Details - Buy It *</p> |
| <p style="text-align: center;">Xtreme Couture</p>  <p style="text-align: center;">XC - Velvet Knight - Military Green Adult Sizes</p> <p style="text-align: center;">Price: \$40.00 * Product Details - Buy It *</p> | <p style="text-align: center;">Xtreme Couture</p>  <p style="text-align: center;">XC - Toothache - Black Adult Sizes</p> <p style="text-align: center;">Price: \$40.00 * Product Details - Buy It *</p> | <p style="text-align: center;">Affliction Signature Series Randy Couture</p>  <p style="text-align: center;">Scream'n' Eagle Adult Sizes</p> <p style="text-align: center;">Price: \$48.00 * Product Details - Buy It *</p> | <p style="text-align: center;">Randy Couture Signature Shirt by Affliction</p>  <p style="text-align: center;">Xtreme Couture Adult Sizes</p> <p style="text-align: center;">Price: \$45.00 * Product Details - Buy It *</p> |
| <p style="text-align: center;">Everlast "Randy Couture" Tee White</p>  <p style="text-align: center;">Adult Sizes - (M, L, XL)</p> <p style="text-align: center;">Price: \$21.99 * Product Details - Buy It *</p> | <p style="text-align: center;">Everlast "Randy Couture" Tee Green</p>  <p style="text-align: center;">Adult Sizes - (M, L, XL, XXL)</p> <p style="text-align: center;">Price: \$21.99 * Product Details - Buy It *</p> | <p style="text-align: center;">Xtreme Couture Military Hat</p>  <p style="text-align: center;">Woodland Green Studded Logos</p> <p style="text-align: center;">Price: \$25.00 * Product Details - Buy It *</p> | <p style="text-align: center;">Xtreme Couture Official Beanie</p>  <p style="text-align: center;">Black w/ White and Red</p> <p style="text-align: center;">Price: \$18.00 * Product Details - Buy It *</p> |
| <p style="text-align: center;">Randy Couture Figure Series 1</p>  <p style="text-align: center;">Price: \$18.99 * Product Details - Buy It *</p> | <p style="text-align: center;">Xtreme Couture Rash Guard</p>  <p style="text-align: center;">Adult Sizes (S, M, L)</p> <p style="text-align: center;">Price: \$40.00 * Product Details - Buy It *</p> | <p style="text-align: center;">Xtreme Couture Rash Guard</p>  <p style="text-align: center;">Adult Sizes (S, M, L, XL, 2X)</p> <p style="text-align: center;">Price: \$40.00 * Product Details - Buy It *</p> | <p style="text-align: center;">Xtreme Couture Rash Guard</p>  <p style="text-align: center;">Adult Sizes (S, M, L, XL, 2X)</p> <p style="text-align: center;">Price: \$40.00 * Product Details - Buy It *</p> |
| <p style="text-align: center;">XCIMA Pink Kiss</p>  | <p style="text-align: center;">Xtreme Couture Gym Bag</p>  | <p style="text-align: center;">Xtreme Couture MMA Fight Shorts</p>  | <p style="text-align: center;">XCIMA Blood Gym Tee Las Vegas, NV</p>  |



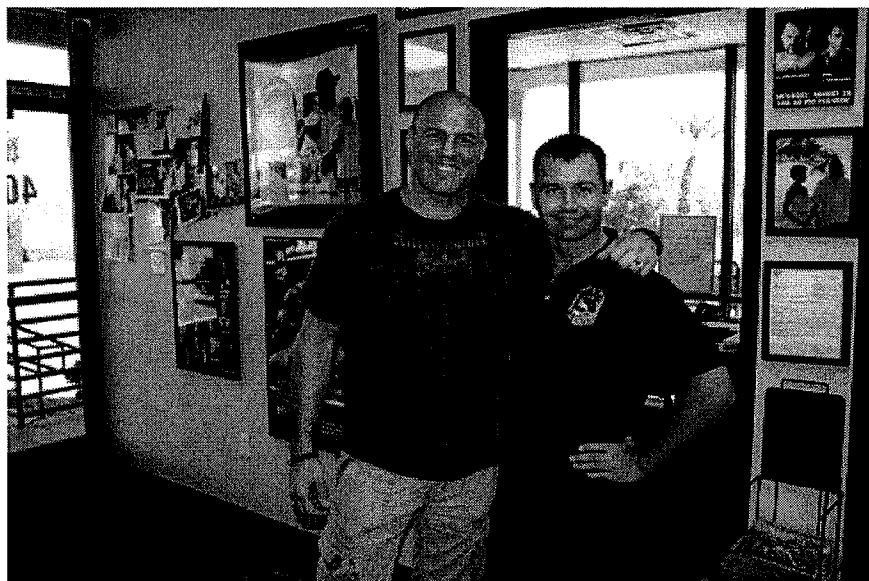
Xtreme Couture MMA

- [Front Page](#)
- [About](#)



Xtreme Couture Blasts Off With NASA

March 6, 2009 · [No Comments](#)



We had the honor of having Marc OSriofo train at Xtreme Couture last week prior to going to work with the Navy Seals. Marc is an Astronaut Candidate with NASA.

Marc also is a Extreme remote medical monitoring consultant and Research liassion. On top of his amazing resume Marc is a Randy Couture fan. They enjoyed speaking with each other regarding their chosen professions. Marc plans to come back and train at Xtreme Couture whenever he's in town.

Posted By: Valerie Haney

→ [No Comments](#)Categories: [Uncategorized](#)

PHIL BARONI SIGNS COMMENTARY DEAL WITH THE MMA BIG SHOW

March 6, 2009 · [No Comments](#)

PHIL BARONI SIGNS COMMENTARY DEAL WITH THE MMA BIG SHOW

Baroni will be the new color commentator for the March 7th and April 11th

MMA Big Show events at the Belterra Casino Resort & Spa.

March 5th, 2009 Cincinnati, OH: The MMA Big Show confirmed the “New York Bad Ass” Phil Baroni to perform color commentary in tandem with Fox Sports’ Jeff Piccoro on March 7th and April 11th at the Belterra Casino Resort & Spa.

The roles of hero and villain have long been prevalent and added a theatric effect to the world of professional sports. Simply put, there are athletes that fans love and others that the public simply loves to hate.

The name Phil Baroni resides somewhere in a grey area when it comes to characterizing the public’s perception of the 30-year-old boxer and wrestler. Boisterous and outspoken, the self proclaimed “New York Badass” is seen as cocky and disrespectful by some, but as a passionate inspiration by others who feel they identify with him.

A graduate of Central Michigan University, Baroni wrestled for his alma mater while pursuing a bachelor’s degree in psychology. Before making his debut in the sport of mixed martial arts, Baroni put together undefeated records in both boxing where he was victorious in twelve consecutive bouts and kickboxing where he reeled off seven straight wins.

Baroni has built his legendary name and persona throughout his career in the UFC, PRIDE and Elite XC and on March 7th and April 11th he will call the MMA Big Show home.

The MMA Big Show is very excited to have Phil Baroni on board with us as we venture into television while developing the future stars of MMA.

www.mmabigshow.com

Posted By: Scott Haney

→ [No Comments](#) **Categories:** [Phil Baroni](#)

Saturday Night Fights Xtreme Style

March 4, 2009 · [No Comments](#)



This past Saturday night was our third installment of our amateur exhibition bouts. Originally, eight fights were slated on the card, but due to a few no shows we made some roster changes. After updating the card and finalizing the contenders, six kickboxing bouts were confirmed. This was, for most of the fighters, their first time in the ring. Jimmy John’s Sandwiches provided a delicious assortment of food for the 150 guests in attendance.

James Edwards and Jeremy Becker opened up the evening’s first bout with a barrage of exchanges. The crowd remained quiet until special guest announcer, Dustin Phillips lightened up the evenings spectacle of fights with his enthusiastic presence. Responding to this the crowd quickly became much more animated going into the second bout.

Eric Center and Tremain Dunbar did not disappoint either. Kicks and punches were traded for the entire 3 rounds. Only the second bout of the night, it quickly set the bar for the rest of the evening’s fights, only to be surpassed by the next.

Not wanting to disappoint his coach or family, Julian “Dynamite” Smith rushed into the ring and did not stop for a second until the closing bell. He battered his fellow competitor Travis Fintel with kicks from every angle.

The next fight, our own Ryan Couture, stepping in on only an hours notice fought Bobby Hennebenol carrying the torch of excitement all 3 rounds of their fight.

Next up was a the most anticipated fight of the night. Our very own wrestling coach and 1-0 amateur fighter Nick ” The Historian” Fekete battled it out with newcomer but long time resident of Xtreme Couture, Robby Disvlar. The fight was 3 rounds in length, but 20 minutes in duration, five of which were waiting on Nick’s 20 nicknames to be completed before he made his way into the ring. The fight saw a lot of action from both competitors as well as a few unintentional low blows, keeping the crowd on their toes.

The main event of the evening was brought to us by Tommy Lutz and Hector Montana. These two guys had a lot of expectations to live up to after the last 5 fights. They did not disappoint either. For every intense combination thrown by one, the other countered back just as furious. These two guys beat each other like “red headed step children”.

The crowd, after this climatic performance of the evenings bouts, seemed almost exhausted from the cheers and adrenaline rushes brought to them by Xtreme Couture’s wonderful fighters, but were still able to give a standing ovation for all of these fighters. We just want to thank everyone for coming out for Saturday night’s fights and stay tuned for our next run. Remember, don’t stand on the tracks when the pain trains coming.

March 4, 2009

Dustin Phillips

→ [No Comments](#) **Categories:** [Uncategorized](#)

The Bully’s Coming to Ohio

March 3, 2009 · [No Comments](#)



This coming Saturday, live from Columbus, Ohio, Xtreme Couture’s very own Gray “The Bully” Maynard will be taking on fellow 155 pounder, Jim Miller. This fight looks to be a very exciting one for the two lightweights, both of whom are coming off of impressive victories.

Miller last fought in December, taking on UFC standout Matt Wiman on less than two weeks notice. Miller won a unanimous decision over the crafty veteran, just weeks after his wedding.

Gray last fought in October winning a dominant victory over Rich “No Love” Clementi. Clementi at the time of the fight was riding a three fight win streak inside the octagon. He may have been knocking on the door of a title shot before he discovered why they call Gray “The Bully”. Gray scored a one-sided unanimous decision over the veteran of more than fifty mma bouts, moving himself to 7-0 with five wins inside the Octagon, where he is looking to make his presence known.

Both Gray and Jim have an exciting style of fighting that is high intensity and non stop action. Fans should definitely expect to get their money’s worth watching this fight. Go Gray! And remember, don’t stand on the tracks when the pain train’s coming.

March 2, 2009

Dustin Phillips

→ [No Comments](#) **Categories:** [Uncategorized](#)

Featured Fighter: Nick Fekete

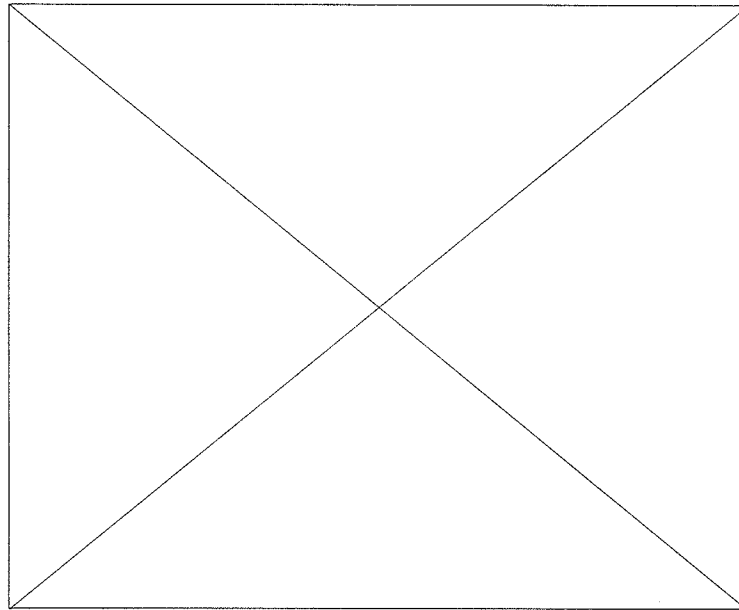
March 2, 2009 · [No Comments](#)

Nick Fekete, Xtreme Couture's wrestling coach is building momentum in the fight world, this month alone he has had two firsts.

On Feb 15ht he had his MMA amateur debut fighting in the heavy weight division on the Tuff-N-Uff card and came out with a solid victory. This past Saturday he fought here at Xtreme Couture in his Muay Thai Kickboxing debut again with a solid performance.

Xtreme Couture solutes all of our up and coming fighter at the amateur team!

Below is Nick's MMA fight earlier this month.



Posted By: Scott Haney

→ No Comments**Categories:** [Uncategorized](#)

Tagged: [nick fekete](#)

Its Not a Smoker

February 25, 2009 · [No Comments](#)

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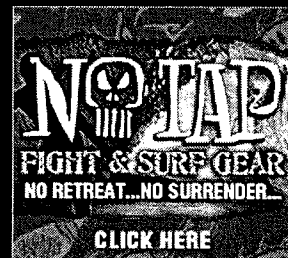


CLICK HERE

Fizogen Xtreme Couture also has live webcams of all the daily training too! We'll post special events so you can always see who is here and watch everyone training live! Fight Training is explosive, from grappling to full contact sparring, you are sure to catch some excitement on our live webcams! Click on the link for live webcams for a listing of some HOT viewing times and special events!

**FIZOGEN-COUTURE MMA GYM FEATURED
IN THE PALM BEACH POST! CLICK HERE...**

The Palm Beach Post



**BRACE YOURSELF FOR THE MOST ELITE
FIGHT TRAINING, ADVANCED SUPPLEMENTS
& ABSOLUTELY XTREME ATHLETIC
CONDITIONING IN THE WORLD!**



Welcome to the homepage for the elite new training facility in Wellington, FL!

After much anticipation, Fizogen, the leading sports nutrition manufacturer in the country has teamed up with good friend, 5-Time UFC and current Heavy Weight Champion Randy "The Natural" Couture to finally open the most elite MMA training facility in the South East!

Fizogen Xtreme Couture Gym is 7500 Square Feet, complete with an MMA Ring, MMA Circle Cage, Fenced in matted grappling areas, advanced strength and conditioning equipment and the best trainers in the world for elite Mixed Martial Arts! Fizogen has a **FULL TIME** staff of trainers that we have brought in from all parts of the world specializing in the major fighting disciplines including Brazilian Jui Jitsu, Muay Thai, Boxing, Wrestling, Kickboxing and of course... MMA! Fizogen also has a part time staff consisting of some of the biggest names in the fight game including Randy Couture, Wanderlei Silva, Mike Pyle and more professional MMA fighters! We are continuously making contacts to insure this gym is the best environment in the world to become a champion, or simply train and feel like one!

Congratulations Fizogen-Couture Fighters!



Friday October 10th in New Orleans, LA at The Metropolitan. Friday Night Cage Fights presented by Ultimate Cafe Fighting.

Travis "SGT" Limauro vs. Tony Goldbold Pro 170lbs
Travis won via rear naked choke in the 1st round
Jason Santana Am 155lbs won in 1st round by verbal Tapout
Willie Joe Norris Am 145lbs won 1st round via armbar
Dhruva "Kumar" Am 135lbs won by TKO in the 2nd round

CHECK OUT THE FIZOGEN-COUTURE TEAM!



David Hayes (Am 1-0 record) were successful in Alexandria, Louisiana during the gyms

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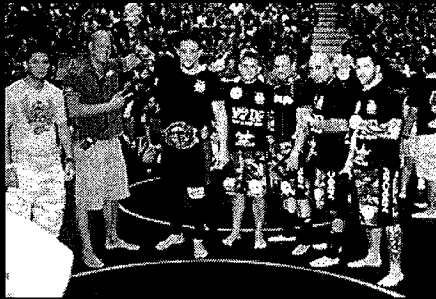
Check out the latest
from the Champ!

[★ CLICK HERE](#)

Congratulations Randy
on your fifth UFC title!
Did I just say Fifth Title?!! Wow! I
still vote we change your name to
"SUPER NATURAL"! You are truly
one of my life's greatest
inspirations!

Daniel Amato
President - Fizogen

first official MMA fights!



Fizogen Xtreme Couture has a team of grapplers competeing in this week's World Cup grappling tournament in California! Be sure to check back next week for detailed results from all of our competitors! Fizogen Xtreme Couture has a team of grapplers competeing in this week's World Cup grappling tournament in California! Be sure to check back next week for detailed results from all of our competitors!

Stay tuned as Fizogen Xtreme Couture MMA is bringing you more great seminars! In the coming months there will be MMA instructional seminars conducted by Mike "Quicksand" Pyle and Jay Heiron. These two guys are among the finest MMA athletes/instructors competeing today. Stand by for exact dates and times. These will be events to remember!



10/20/07 NAGA Superfight in Miami with Renato "Babalu" Sobral represented Fizogen Xtreme Couture Gym and won! Babalu secured several takedowns to core a victory over a worthy opponent that has had a win over Check Congo in the UFC!



Fizogen Xtreme Couture wins BIG at NAGA! Our fast growing team had an extremely high percentage of 1st place victory's with samuri swords being awarded to our winners! Check out the incredible photos of this event and our teams great success!



10/21/07 6:00 - 8:00 PM The day after his NAGA battle, Renato "Babalu" Sobral conducted an MMA Seminar for Fizogen Xtreme Couture Gym. It was an incredible opportunity to learn from one of the most technically proficient fighters in the world!

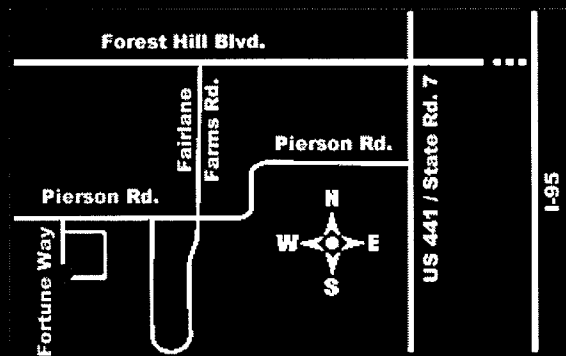
Congratulations to

Carlos "Carlito's Way" Iraburo!!

Carlos is the General Manager at Fizogen Xtreme Couture MMA and on Saturday, October 27th, he competed at TAMMA's "Battle at The Border" in Del Rio, Texas. He won a convincing Unanimous

Decision victory in a three round battle inside the cage against a tough Baltazar Acosta from San Antonio, TX. This brings Carlos' amateur MMA record to a perfect 3-0!! Carlos plans on fighting again in early 2008.

[CLICK HERE](#) for more complete information about these events!



DIRECTIONS: Take I-95 to Forest Hill Blvd. go west past U.S. 441/State Road 7 turn left/south onto Fairlane Farms Rd turn right/west onto Pierson Road then left/south onto Fortune Way and follow signs to Building 3133. Bay #21 is on the south side of building

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PROUDLY PRESENTS
**G.I. FOUNDATION
CHARITY POKER RUN**

Ride With Your Favorite Fighters!

Join Randy Couture and other MMA fighters on Saturday September 27th for the 1st Annual Charity Poker Run. All proceeds will benefit the Xtreme Couture G.I. Foundation

Date : Saturday, September 27, 2008

Registration : 8 am - First Group Leaves at 9am

Where : Xtreme Couture MMA
4055 West Sunset
Las Vegas, NV 89118
* Corner of Valley View and Sunset *

Cost : \$25 to Ride - \$50 to Passenger
* First 200 Riders Get Even Day Tee!

Event Contact : Scott Hancy scott@xtremecouture.lv - 702.407.0898

>> See More Details <<

★ OUR MISSION



Xtreme Couture G.I. Foundation, a 501 (c) 3 non-profit corporation, was founded by Randy and Kim Couture to honor the veterans of America's armed forces. The foundation was especially formed to raise money and awareness for those wounded in action and their families. To date, more than 24,000 U.S. troops have been wounded in the war against terrorism, which doesn't include the many more suffering the mental effects.

Many of the injuries are traumatic amputations, gunshot wounds, burns and blast injuries that will retire these brave men and woman from the armed forces. Even though some of these men and woman are severely injured, they have the courage, strength and determination to win this battle.

The Xtreme Couture G.I. Foundation goal is to help these brave men and women fulfill any of their unmet needs as they return back to civilian life.

The following are examples of programs through the Xtreme Couture G.I. Foundation:

- ★ **Urgent Financial Needs.** The Foundation receives referrals from the Military Severely Injured Center for soldiers and families who are experiencing financial crises. The Foundation will assist in payments to prevent families from becoming homeless, paying bills for those who could not handle the extra expense of staying near their convalescing soldier, and helping discharged soldiers start their lives back home.
- ★ **Texas Hold-Em Poker Tournament.** Saluting the American GI's and honoring our wounded soldiers and their families. This annual event will be a fundraiser for the Foundation.
- ★ **Area Drang.** Saluting the American GI's and honoring our wounded soldiers and their families. This annual event will be a fundraiser for the Foundation.
- ★ **Be Run and Run Well.** Saluting the American GI's and honoring our wounded soldiers and their families. This annual event will be a fundraiser for the Foundation.
- ★ **Weekend Weekend.** Wounded soldiers get to spend a weekend of motivation and inspiration with Randy Couture. This will be a significant experience in their lives as they are making the transition back to the civilian world.

Although these brave soldiers will face great challenges during their recovery, with the assistance of the Xtreme Couture G.I. Foundation and the help of the grateful American public, they will find the opportunities that will enable them to provide for themselves and their families.

★ **THANKS WHEN YOU CAN**  **Secure On-line Donations**

★ HONOR OUR TROOPS



★ XTREME FACTS

- ★ Troops in Iraq - 158,672 Total (145,500 US, 7,100 UK, 2,300 South Korea and 3,772 all other nations)
- ★ US Troop Casualties - 3,316 Total (98% male, 90% non-officers; 78% active duty, 13% National Guard; 74% Caucasian, 10% African-American, 11% Latino. 19% killed by non-hostile causes. 54% of US casualties were under 25 years old. 68% were



from the US Army)

★ US Troops Wounded - 24,764 Total (20% of which are serious brain or spinal injuries (total excludes psychological injuries)

★ US Troops with Serious Mental Health Problems (30% of US troops develop serious mental health problems within 3 to 4 months of returning home)

★ US Military Helicopters Downed in Iraq - 61 Total (at least 32 by enemy fire)



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**CO
1
Se**
**Train
By Ra
Co**

- Randy Couture



Video Testimonials



Randy Couture



Jay Hieron

BloodDoc

Dr. Fitzgerald has been doing advanced blood work for sports performance for over 15 years and has worked with many top athletes primarily in football, tennis, boxing, wrestling, power lifting and now MMA.

